

# Nebraska State Suicide Prevention Coalition (NSSPC)

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## **Meeting Minutes** **February 28, 2014, 1:00 pm CST** Bryan West Hospital

*Attendees:* Jennifer Fry, SFC Kelli Hatzenbuehler, Julia Hebenstreit, Christina Lyons, Mikayla Meisner, Dave Miers, Pam Oltman, Kelli Ricky, and Hayley Sutter

### **I. Approval of Minutes**

Julie made a motion to approve the January 24, 2014 meeting minutes, Pam seconded this motion; the meeting minutes were unanimously approved.

### **II. Coalition Updates**

#### **a. Norfolk**

No update.

#### **b. Other Coalitions**

Beatrice had a successful walk; proceeds from the walk will be used to put up billboards on suicide prevention. A completion recently occurred in the jail and was the first completion in a long time.

Kathy will pursue a meeting with the Bhutanese community and would like to set up a QPR Training in April. A stakeholder meeting has been arranged for March 10 at 10:00 am in Omaha.

#### **c. State Coalition**

##### **i. Military Suicide Prevention Discussion**

The National Guard has trained 230 members in 16 hours of ASIST Training; 4-hour ASIST training is offered to higher non-commissioned officers and lower ranking officers. Master Resilience Trainer and Resilience Training Assistant courses are mandatory and offered every three months. Unit Risk Inventory, a three-page survey allowing service members to anonymously identify their risky behaviors, is required annually. The Unit Risk Inventory will be used to help commanders identify high risk units and activities and will be compared year to year to determine areas of improvement. The National Guard may host a walk/run in September. The National Guard is considering options to provide family members 1-2 hours of training, including resiliency training and QPR training.

### **III. LOSS Development Advisory Group**

The date and time for the National LOSS Conference has been determined; save the date postcards will be sent shortly. A committee for the Second Annual LOSS Walk and Fun Run has been formed. The walk will be on May 31, 2014.

### **IV. Grant Update**

The NSSPC intends to make seed grants geared towards suicide prevention available; among other activities, these funds could be used for QPR trainings. Interchurch Ministries of Nebraska (IMN) remains as the home base for the coalition and helps coordinate activities. IMN is creating a .4 FTE Community Outreach position; applications for the position are currently being reviewed and interviews will begin shortly. The Community Outreach position will help with LOSS Team development throughout the state and will manage the seed grants.

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## V. Collaboration

### a. Update LB 923

Dave testified on behalf of LB 923. The bill would require one-hour of suicide prevention training in schools. Many have been supportive of the bill; however, the legislature would like further feedback. One suggestion the legislature has received is to make one-hour of training available initially and to all new teachers in the future and provide half-hour training each subsequent year. The Mental Health First Aid Bill is being combined with the Psychology Interns Bill through BHECN.

## VI. Awareness

### a. Don't Be Sidelined Campaign (Partnership with The Kim Foundation)

The February 23 men's and February 16 women's basketball games were hugely successful. Dave Miers and Anthony Steels gave interviews during halftime of both games and over 6,000 bracelets were handed out. Magellan provided volunteers at both games. The next Don't Be Sidelined Campaign event will be a Huskers baseball game and the Cornhusker State Games; dates have not been determined for either event.

## VII. Member Activity Update

The American Association of Suicidology conference will be held on April 9 in Los Angeles, California; a pre-conference workshop with state coordinators and collaborators will be held to discuss what other states are doing. In previous years, the co-chairs of the NSSPC have been supported to attend the AAS conference. NSSPC will support co-chairs attendance at the AAS conference in a manner consistent with previous years support (i.e. if airfare and registration fee were funded last year, the NSSPC will fund co-chairs airfare and registration fee this year).

Dave attended a meeting at Mourning Hope; the intention of the meeting is to bring together grief support groups and create a directory of grief resources in the community. The meeting was well attended; representatives include those from the mortuary industry, Veteran's Center, congregations, and specific grief groups.

## VIII. Upcoming Training Opportunities

No update.

## IX. Announcements

Some schools have indicated interest in establishing suicide prevention groups.

## X. System of Care Goal Review

Goals for the System of Care Grant were determined during the January 2014 NSSPC meeting. Julia was present at the System of Care Grant meeting and regrets to inform the NSSPC that suicide prevention was not in the top 40 priorities at the System of Care meeting and only two people voted for the inclusion of suicide prevention in the grant. Much of the discussion focused on after school programs and basic overall prevention. Suicide prevention may be incorporated into the grant strategies. Julia will try to introduce suicide prevention as a topic at the next System of Care Grant meeting.

## XI. Next Loss Development Group Meeting

The next meeting will be held on March 28, 2014 in Classroom 3. All meetings begin at 12:00 Noon at Bryan West Hospital.

## XII. Next Coalition Meeting

The next meeting will be held on March 28, 2014 in Classroom 3. All meetings begin at 1:00 PM at Bryan West Hospital.



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## Appendix:

“Youth Suicide Prevention: Brainstorming ideas for adolescents, schools, parents, and more”