I. Approval of Minutes
Peg made a motion to approve the February 28th, 2014 meeting minutes, Christina seconded this motion; the meeting minutes were unanimously approved.

II. Coalition Updates
a. Norfolk
Northeast Community College will participate in the National Alcohol Screening Day on April 8. A Connect Postvention community training will be held on May 25; this training will focus on prevention and awareness promotion. Instead of focusing solely on risk factors, Connect trains communities to looks at the individual, family, community, and larger society to recognize the differences between people who attempt.

b. Other Coalitions
Beatrice is working to get Signs of Suicide (SOS) curriculum distributed to area and rural schools in Gage County; Lincoln Public Schools currently does SOS training and might be able to provide lessons learned.

c. State Coalition
Jennifer Fry has been hired as the Outreach Coordinator at Interchurch Ministries of Nebraska. Jennifer will be working on distributing Seed grants to be used for suicide prevention awareness with a goal of supporting LOSS Team development across the state. Target date for these will be summer of 2014. Norfolk, Beatrice are working to develop a LOSS Team. There is a support group for suicide survivors starting up in Crete. Jennifer to provide outreach to them to see what they may need in terms of handouts to get started.

An Inter-Service Family Assistance Committee (ISFAC) meeting will be held on June 26. The full morning meeting will focus on grief and bereavement and will incorporate 3-4 different topics including networking and resource sharing.

III. LOSS Development Advisory Group
The Second Annual LOSS Walk and Fun Run will be held on May 31, 2014 at Holmes Lake Park. Registration is now open at GetMeRegistered.Com (search LOSS). Volunteer opportunities are available for those interested in assisting in the pre-event planning, logistics, and day-of activities. Norfolk has been working to develop a LOSS Team for a number of years; infrastructure to support a LOSS Team is in place, protocols are being developed, and a team is responding to completions in the area. Jennifer and Dave will be traveling to Norfolk in May to provide an informational lunch meeting and Don in June to do LOSS Team member training to continue to support the development of their LOSS Team.

IV. Grant Update
The Coalition has been asked to begin developing focus items for the 2014-2015 Garrett Lee Smith federal grant including needs and strategy. It was suggested the Coalition focus on locations with unique rates of completion and promote general positive behavioral health. It was also suggested the Coalition focus on
military and first responder needs; this may include the establishment of a military LOSS Team. A focus on middle school and high school students may be appropriate as a recent study found 21% of 10th graders have attempted in the last year (this study was based on self-report data).

V. Collaboration
   a. Update LB 923
      LB923 was debated on the floor on March 26 and was approved and advanced to the next steps. A minor change to the bill language is the date was changed to 2015-2016.

VI. Awareness
   a. Don't Be Sidelined Campaign (Partnership with The Kim Foundation)
      The next Don't Be Sidelined Campaign event will be a Huskers baseball game on April 19th; the game begins at 2:05 PM and should have a good crowd. The Don't Be Sidelined Campaign will have ads at the College World Series in lieu of doing Storm Chasers. The Don't Be Sidelined Campaign will also be present at the Cornhusker State Games.

VII. Member Activity Update
Don will represent the Coalition at the American Association of Suicidology conference on April 9 in Los Angeles, California and the pre-conference workshop with state coordinators and collaborates. To date, twenty coalitions from across the nation have registered for the conference.

VIII. Upcoming Training Opportunities
No update.

IX. Announcements
Jennifer Fry has been hired as the Outreach Coordinator at Interchurch Ministries of Nebraska.

X. System of Care Goal Review
Scot Adams announced via email to the System of Care planning committee that the State of Nebraska will not apply for the implementation grant; however, Scot indicated he would look at the ideas from the planning groups and see if they could start implementation on the goals without the grant. A final meeting has been planned for early April in Lincoln.

XI. Next Loss Development Group Meeting
The next meeting will be held on April 25, 2014 in Classroom 3. All meetings begin at 12:00 Noon at Bryan West Hospital.

XII. Next Coalition Meeting
The next meeting will be held on April 25, 2014 in Classroom 3. All meetings begin at 1:00 PM at Bryan West Hospital.
Surviving the Stigma: A Journey for Hope
2nd Annual Two-Mile Walk and Fun Run

This event will benefit the Lincoln/Lancaster County Local Outreach to Suicide Survivors (LOSS) Team. The LOSS Team consists of trained survivors and mental health professionals acting as volunteers to bring immediate support to persons who have had a loved one complete a suicide.

When
Saturday, May 31
10:00 am

Where
Holmes Lake Park

How Far
2 Mile Walk or Run

Registration
$20 for adults
$10 for youth
Includes t-shirt and bracelet (must register by May 17 to guarantee shirt size)

Register online at GetMeRegistered.com

Questions? Email NebraskaLOSSTeam@gmail.com

Celebrate your loved ones with a remembrance balloon to be displayed at the event for $10.

Sponsors: LOSSTeam, American Red Cross, Bryan Health, Nebraska State Suicide Prevention Coalition
For Grieving Youth and their Caregivers

Mourning Hope Grief Center
4919 Baldwin Avenue
Contact: Michelle Skala, Program Coordinator
(402) 488-8989
hope@mourninghope.org

10-Week Family Grief Series
Monday or Tuesday evenings
6:30 – 8:00 p.m.
For families with youth ages 5 through 18 who have experienced the death of someone significant in their lives. Children, teens and their caregivers come to Mourning Hope following the death of a sibling, parent, grandparent, or friend. All are welcome.

Young Adult Group
Designed for young adults ages 18 – 30(ish) who have experienced the death of someone significant in their lives.

Hearts of Hope
For those who have a family member or loved one with a serious illness, we offer individual family support to help deal with changes in family routines, relationships, develop a support network, and adjust to the “new normal.” Helpful information packet is also available to support families during this time.

Visit www.mourninghope.org for a complete list of programs, services and events.

Ted E. Bear Hollow
7811 Farnam Drive (Omaha, NE)
Contact: Cathy Fox
(402) 502-2773
Support groups for children (ages 3-18 years) and their families. Visit www.tedebearhollow.org for more information about programs and events.

For Parents Grieving the Death of a Child

Remembering Our Children
Madonna Rehab Hospital
5401 South Street
(402) 477-0857
Contact: Sharon Duffy
www.rememberingourchildren.org
roccandelelighting@gmail.com
3rd Thursday of each month
7:00 – 8:30 p.m.
For parents who have experienced the death of an older (not infant age) child. (Group also hosts the annual Compassionate Friends candle lighting ceremony in the Lincoln Community.)
BRIDGES (Bereavement, Resources, Infant Loss, Death, Grief, Encouragement & Support)
Saint Elizabeth Regional Medical Center
555 South 70th Street
Contact: Elsa Larson or Elizabeth Jacobs-Fitzgerald (402) 219-7065 (please leave a message and a coordinator will return the call)
For families who experience a pregnancy loss through miscarriage, ectopic (tubal) pregnancy, stillbirth, or newborn death. Support provided on a one-to-one basis throughout the first year following a perinatal loss.

EMBRACE (Every Moment Brief, Remembered Always, Cherished Eternally)
Saint Elizabeth Regional Medical Center
555 South 70th Street
Contact: Elsa Larson or Elizabeth Jacobs-Fitzgerald (402) 219-7065 (please leave a message and a coordinator will return the call)
For families who have received during pregnancy a diagnosis of a life-limiting condition for their baby. A nurse is available prior to admission to assist you in planning for the birth of your baby.

H.O.P.E. (Helping Other Parents Endure)
BryanLGH Medical Plaza East
1500 South 48th Street
(402) 477-0857
Contact: Sharon Duffy
1st Wednesday of each month
7:30 – 8:30 p.m.
For parents who have experienced a neonatal death, a stillbirth, or that of an infant or young child.

For Adults – General Support

GriefShare
First Evangelical Free Church
Church: 3300 S. 84th Street
Office: 3280 S. 84th St
(402) 483-7635 (church office)
(402) 420-9552
Contact: Margie Oswald
Mondays
7:00 – 8:30 p.m.
Two, 13-week sessions starting in February and August. Open to anyone high school age and older.

GriefShare
Lincoln Berean Church
6400 South 70th Street
Contact: Dave and Chris
(402) 483-6512
14-week small group session offered at various times through the year
www.griefshare.org

 Healing Hearts Grief Program
Offered by the Family Life Office – Diocese of Lincoln
37th and Sheridan
(402) 488-2040
Contact: Sandy Danek
6-week session, twice a year, centering on Catholic faith during death of a spouse or family member, including SIDS, miscarriage, and stillbirth.
**Community Grief Support Group Programs**

**Christ’s Place**
1111 Old Cheney Rd.
Contact: Linda Vermooten
(402) 421-1111
Designed to assist people overcome grief and loss issues in a loving small-group Christian setting.

**Journey Through Living, LLC**
Contact: Lisa Borchardt
(402) 217-3333
journeythroughliving@yahoo.com
Couch Conversations are small group seminars involving you and your support system. Couch Conversations include education and support from the facilitator and those you invite to participate. Individual consultations are available to enhance capacity for personal and social functioning, assisting with personal adjustment to crisis and transition, and education about creating and sustaining personal change. Workshop presentations are available to be delivered to businesses, agencies, civic & religious organizations, campus groups & classrooms, or any gathering of people. Please see www.journeythroughliving.com for descriptions of workshop presentations.

**HoriSun Hospice**
3883 Normal Blvd. #108
(402) 484-6444
Contact: Susan Burkey and Angie Harmdierks
Spring and Fall, 6-week support group sessions open to the public.

**Grief Support Group**
HealthConnect at Home –
Saint Elizabeth’s Hospice
245 South 84th Street, Suite 300
Contact: Kay Olsen
402-219-7750 (direct)
402-219-7000 (to Register for a Group)
6-week sessions for any adult who has experienced the loss of a loved one.

**Roper and Sons Outreach Grief Services**
4300 O Street
Contact: Jodi Finch
(402) 476-1225
6-week course offered 4 times a year

**St. Mark’s United Methodist Church Grief Support Group**
8550 Pioneers Boulevard
Contact: Kara James
(402) 489-8885
Thursdays 6 – 7 p.m.
6-week sessions offered throughout the year

Mourning Hope Grief Center
4919 Baldwin Avenue
Lincoln, NE 68504
402.488.8989
www.mourninghope.org
hope@mourninghope.org
Community Grief Support Group Programs

Southwood Lutheran Grief Support
4301 Wilderness Hills Blvd
Contact: Pam Dinneen
(402) 423-5511
pdinneen@southwoodlutheran.org
* 8-week support group series for adults offered throughout the year
* GriefShare class offered one time a month on the first Sunday of each month
* Second Sunday Support: A group to offer support for those experiencing a serious or chronic illness and for their care partners. Separate groups meet concurrently on the Second Sunday of each month from 9:30 – 10:45.

Tabitha’s Growing Through Grief
4720 Randolph
Contact: Makaela Wagner
(402) 486-8506 or (800) 286-9074
6-week session offered 4 times a year

“Helping Ourselves As We Grieve”
3-week program in the summer which focuses on the grieving process. Includes education and group participation.

Adults Who Have Lost a Parent
Offered two times a year in the fall and in the spring. Focuses on losing a parent and healthy grief. Includes education and discussion.

Good Grief! Widow Support
First Plymouth Church
2000 “D” Street
Contact: Cherie Bayley
(402) 476-7565
2nd Wednesday of each month, 4:00-5:00 PM
First-Plymouth welcomes non-member widows to a group fellowship to share, shed some tears, hold hands, and look to the future.

Lincoln-Lancaster Outreach to Suicide Survivors (LOSS)
Contact: Dr. Dave Miers (402) 481-5165
Dr. Don Belau (402) 759-0573
www.nelossteam.nebraska.edu
LOSS provides immediate support to survivors as close to the time of death as possible.

Ray of Hope
Our Savior Lutheran Church
40th and C Street
Contact: Gary and Jennifer Nelson
(402) 477-8610
1st and 3rd Monday of each month at 7:00 p.m.
For survivors of suicide.

Mourning Hope Grief Center
4919 Baldwin Avenue
Lincoln, NE 68504
402.488.8989
www.mourninghope.org
hope@mourninghope.org
Nebraska Survivor Outreach Services
Contact: Raechell Eddy-Jimerson  
(402) 309-7804 (o)  
(402) 570-4958 (c)  
Contact: Randy Amundson  
(402) 309-7466 (o)  
(402) 578-2514 (c)  
randy.j.amundson.ctr@mail.mil  
Provide dedicated and comprehensive support services to survivors of deceased soldiers.