

Nebraska State Suicide Prevention Coalition (NSSPC)

Meeting Minutes

August 28, 2015, 1:00 pm CST

Bryan West Hospital

Co-Chairs: Dr. Belau and Dr. Miers

Attendees: Denise Bulling, Nikki Roseberry, Pam Oltman, Terri Marti, Dave Miers, Don Belau, Jill Sauser, Ray Reimer, Marla Root, Rose Hood Buss, Andres Sandoval, Melissa Shafer, and Quinn Lewandowski

I. Approval of Minutes

Ray Reimer made a motion to approve the minutes from the July 22, 2015 meeting. Nikki Roseberry seconded this motion; the motion passed by consensus.

II. Coalition Member Updates:

Don – No updates

Rose– Lincoln Suicide Prevention Coalition (LSPC) put together LOSS bags to distribute to counselors and social workers so that they can have resources that they can utilize with students that have been touched in any way from a loss from suicide. LSPC did Konnect training in New Hampshire in July, gave a good direction to look at for year two. They are specifically looking at to continue to work on getting the message out, more training for school staff, and possibly implementing some suicide prevention curriculum for the late elementary and early middle school age groups.

Dave – Provided handouts for events going on during mental health awareness week in Lincoln. Bringing in Kevin Hein for a speaker, is a suicide survivor after a jump from a Golden Gate Bridge, and now does speaking engagements internationally. Annual Run to Overcome on Sept. 19th, and have Noah Gallaway as a speaker (best known from Dancing with the Stars) who is a military veteran who overcame some having both legs amputated from an IED incident in combat to live an active normal life. Walk for Mental Illness awareness scheduled for Oct. 2nd.

Ray – Two suicides this past month; one did not request a chaplain, the other one did.

Jill– Had crossfit event, and did a raffle for husker tickets. Event raised just under \$1,000. Still have T-shirts available for purchase.

Terri – Begun working on the Shoulder to Shoulder Walk.

Pam – No updates

Nikki – Registration for Health Youth Nebraska Conference is open. \$35 for both days

Andres– Had a survivor put together a tournament together in memory of her son. The tournament raised over \$3,000 that she donated to the coalition. Currently planning for annual walk that will take place on 9/13, and still looking for a few more sponsors. On October 7th, they will host a National Depression Screening Day event for students and the general public at Northeast Community College. Several clinicians donating their time for that event to make referrals if there are any high scores

III. Outreach Coordinator Update

Marla is actively putting together a manual of what she does as an outreach coordinator for future use. Completed AMSR training, and is set to complete CAMS training soon. Working on obtaining copyright for LOSS materials.

IV. SAMHSA Grant Update:

- a. **Goals Update:** End of September 2015 will be the end of the first year of the grant. Kognito has been released, and have uploaded for the private schools to as well. Over 10,000 people have taken

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the Kognito training so far. Only changes in the goals for year two of the grant would Youth crisis response system. Working on looking at different models to use. Emphasize strong, transitions in care, any transition in care is a high risk time. Looking at collecting data during that during that care transition time period. Zero suicide movement will have a strong focus in year two of the grant. Online survey and focus groups will be used to evaluate the program. Will ask group to set some goals, and form work plan from those goals.

b. Behavioral Health Regions Update:

- i. Region 1:** Will be meeting with Marla on Sept. 17th.
- ii. Region 2:** Will be meeting with Marla on Sept. 16th.
- iii. Region 3:** Will also be meeting with Marla on Sept. 16th.
- iv. Region 4:** Will be meeting with Marla on Sept. 9th.
- v. Region 5:** Seward is in the early phases of creating a Suicide Prevention Coalition.
- vi. Region 6:** Have 32 clinicians registered for their second AMSR training. One local school has requested 2,500 bracelets with the National Suicide Prevention Hotline's number on them to help spread awareness.

V. Coalition Updates:

- a. Norfolk:** Had a QPR training, Northeast Community College to have a training every six months. They want employees and other people trained in recognizing the signs of suicide. Working with a Wisner youth group to see what they can do together.
- b. Kearney:** Complete a golf tournament fundraiser.
- c. Lincoln:** Lincoln had its first shadowing experience
- d. Omaha:** Metro team up and running. Completed first official round of interviews, and they completed their first shadowing call.
- e. Military Coalition:** Terri working with Kelli and Jolie from the National Guard to organize the Shoulder to Shoulder walk and 5k fun run.

VI. LOSS Development Advisory Group

Lincoln, Metro, and Kearney teams are all active. National Loss Conference coming up in October. Funding available from the state funding coalition available for assistance in attending.

VII. Awareness

a. September is Suicide Prevention Awareness Month

We reached out to the Governor's office, and due to his current schedule, the governor will not be able to give a private proclamation this year. We are still looking at doing some sort of separate proclamation that would be separate for the Governor's office, possibly before the September meeting.

b. Don't Be Sidelined Campaign

The Don't Be Sidelined Campaign will be present and spreading awareness before the start of the first Husker game on 9/12. The campaign will also be at Pinnacle for all of the volleyball games.

VIII. National Updates

No update.

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IX. Upcoming Training Opportunities

In honor of Suicide Prevention Month, the National Action Alliance for Suicide Prevention is hosting a free webinar series every Wednesday for the next three weeks entitled Stand Together: An Action Alliance Event Series. The panel discussions are entitled: Talking About Men in Their Middle Years and Suicide; Talking About Teens, Technology and Suicide; and Talking About Military and Veteran Suicide.

X. Announcements

No announcements to report

XI. Next Loss Development Group Meeting

The next meeting will be held on September 25th, 2015. All meetings begin at 12:00 Noon at Bryan West Hospital.

XII. Next Coalition Meeting

The next meeting will be held on September 25th, 2015. All meetings begin at 1:00 PM at Bryan West Hospital.