

Nebraska State Suicide Prevention Coalition (NSSPC)

Meeting Minutes

September 25, 2015, 1:00 pm CST

Bryan West Hospital

Co-Chairs: Dr. Belau and Dr. Miers

Attendees: Don Belau, Dave Miers, Quinn Lewandowski, Renee Faber, Rebecca Kuhlmann, Ray Reimer, Pam Oltman, Andres Sandoval, Ruth Ann Holland, Brenda McDonald, and Laura Rodriguez.

I. Approval of Minutes

Ray Reimer made a motion to approve the minutes from the August 28, 2015 meeting. Renee Faber seconded this motion; the motion was passed by consensus.

II. Coalition Member Updates:

Don – Spoke at two events in relation to suicide prevention. Spoke at a Nebraska Statewide Critical Incident Stress Management event about First Responder substance abuse and suicide. Terri Marti and Don also led a breakout session for Healthy Youth Nebraska, where they talked about LOSS team development throughout Nebraska.

Dave - Flyer for Mental illness awareness week Oct. 4 – 10. First event in the flyer, Run to overcome this past Saturday. Noah Galloway (Dancing with the Stars) gave talk during packet pickup. Taped motivational message for the runners and walker. Tues Oct. 6th Kevin Heins gave talk. Breakfast is already at capacity. Speaking at school, and then also has an evening event. Cracked Not Broken: Surviving suicide. Art of Wellnes: Doing a two hour workshop on Oct. 7th.

Pam – Attended Out of the Darkness walk in Beatrice, NE

Brenda & Ann- Hosted a suicide prevention awareness walk last Saturday for over eighty participants.

III. Outreach Coordinator Update

Marla visited Regions I, II, III, and IV. All of those regions expressed interest in attending the regular monthly LOSS and NSSPC meetings via Telehealth, but expressed difficulty in connecting in the past. Region IV expressed interest in developing a LOSS team. Region III is expanding its Suicide Prevention team with a focus on the college, they are also working with Don to host training in the Spring. Met with Region II and discussed developing a LOSS team, and discussed the GLS grant and its goals. Region I discussed a LOSS team and the communities that could benefit, but are still in the planning stages. Ordering suicide prevention and LOSS team materials with the new logo on them.

IV. Governor's Proclamation

Governor Ricketts issued a proclamation declaring September Suicide Prevention month that we shared with the media.

V. SAMHSA Grant Update:

a. Goals Update: Entering year two of the award. Special condition this year with the award, they are asking to see care transition plan over the next few months. Demonstrating how the crisis response team for youth is developing, and much of that is already in the works, it is just the matter of writing it down. KOGNITO training is over 20,000 completed trainings. Looking at the Outreach Coordinator position and adding a few ideas to their scope of work til

Nebraska State Suicide Prevention Coalition (NSSPC)

Crisis response for youth. How can we be more inclusive of youth. Lincoln Youth Coalition. July 2 day planning. Look at urgent care collaboration to provide crisis response to families that can be hooked into emergency rooms. Half day conference to plug the holes of how to help youth in crisis. Omaha has been doing a pilot project in that area.

b. Behavioral Health Regions Update:

Contracts with is year 2. 63,000 for each region. Looking at budgets and funding plans at the end of Oct. And continuing CAMS and QPR. No new training models besides what has been introduced with the grant. Repeat CAMS and AMSR, outreach and LOSS development. No new training models besides what has already been introduced with the grant.

VI. Coalition Updates:

- a. Norfolk:** For the Suicide Prevention Awareness walk there were over 140 people in attendance. The Army partnered with the coalition. Brought tanks and service members. Partnering with the military to work on Suicide prevention. Local theater is going to present a movie that touches on suicides with service members. Working with Wayne State College, and in August Andres participated in a radio interview with the Wayne State Campus Radio Station. Interview will be duplicated and posted on Wayne State Radio website as well. The interview will be used to promote healing and suicide awareness. Depression, anxiety, PTSD, and mood disorder screening scheduled for Oct. 7th at Northeast Community College that will be open to the public as well. Northeast has big military population. Over 700 students have some military affiliation or experience. Invite Kevin Heins into the community in January 20-21st, clinician workshop. Community event and wayne state event. Planning on attending The Art of Wellness workshop Oct. 7th.
- b. Kearney:** No update
- c. Lincoln:** July had a two day planning retreat and training of developing goals for the coalition. Urgent care, standardized assessment, awareness, means restriction, and working with school aged children all the way down to elementary age. As this group develops will be lessons learned, specific evidence based methods for social development.
- d. Omaha:** Metro LOSS team going active October 1. Serves Sarpy County. Lincoln-Lancaster will continue to support them as they move forward.
- e. Military Coalition:** No update
- f. State Coalition:** Mini-grants applications were made available and turned in. Funding was for evidence based, short-term, youth focused projects and training. If there is money left from the mini-grants 10,000. 5 total applications. One from the region 2. 2,000 for the GLS grant, 8,000 from

Nebraska State Suicide Prevention Coalition (NSSPC)

the Kim Foundation. If there are any funds left from the Kim Foundation Grant, they will likely do another round of mini-grants before the end of the year.

Adam Shoe at the Suicide Prevention Resource Center (SPRC) has moved into another position, and Elly Stout will take over Oct. 1st. Evidence based practice.

VII. LOSS Development Advisory Group

LOSS teams are developing across the state, with the goal of having at least one LOSS team in each of the six regions throughout Nebraska. Lincoln team has been active for six years, Omaha Metro team about to go active, and Kearney team has been active for about a year. Lincoln will be adding a LOSS Team Coordinator position to help

VIII. Awareness

a. Don't Be Sidelined Campaign

Had an event on September 19th during the football game to spread awareness and connect people to suicide prevention resources. Teamed Husker Sports Marketing, Kim Foundation, Bryan Medical Center, the Suicide Prevention Coalition, and many other partners around the state contributed to that campaign. Had an interview at halftime of the football game, and the Don't Be Sidelined Campaign will be present throughout every home volleyball game.

b. Mental Illness Awareness Week

Mental Illness Awareness Week is October 4th – 11th

Kevin Hines, author of "Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt" will be giving a presentation at Bryan Medical Center on Oct. 6th.

IX. National Updates

5th Annual LOSS Team Conference will be held in Fort Worth, TX on October 7th – 9th, Dr. Frank Campbell will be the keynote speaker.

X. Upcoming Training Opportunities

No announcements

XI. Announcements

No announcements

XII. Next Loss Development Group Meeting

The next meeting will be held on October 30th, 2015. All meetings begin at 12:00 Noon at Bryan West Hospital.

XIII. Next Coalition Meeting

The next meeting will be held on October 30th, 2015. All meetings begin at 1:00 PM at Bryan West Hospital.