

Nebraska State Suicide Prevention Coalition (NSSPC)

Meeting Minutes

May 20, 2016, 1:00 PM CST

Bryan West Hospital – Classroom #3

Dr. Don Belau and Dr. Dave Miers, Co-Chairs

Tiffany Mullison, State Suicide Prevention Outreach Coordinator

Attendees: Cindy Buesing, Don Belau, Denise Bulling, Gini Davis, Kathy Karsting, Ann Koopman, Dave Miers, Sandy Morrissey, Tiffany Mullison, Pam Oltman, Greg Priebe, Jolie Vega

I. Approval of Minutes and Agenda

Tiffany made a motion to approve the March 25 meeting minutes; Don seconded the motion; the March meeting minutes were approved.

II. Youth Suicide Prevention Outreach Specialist Update

A. Carryover Funds

Dave and Tiffany provided an update about the Ask A Question: Save a Life DVD. With carryover funds, the 3 segment DVD developed with the previous GLS award is being updated. The previous GLS award focused on three priority populations for suicide prevention [youth, military, elderly]. All three segments are being updated. Dave and Tiffany asked the group if they would prefer to receive a hard copy of the DVD or if having the segments uploaded to YouTube would be preferred. Members stated Wi-Fi was not always available or accessible when providing presentations, so they would prefer both options.

B. Grantee Meeting

Tiffany reported on the SAMHSA grantee meeting this May in DC. Nebraska sent Denise and Mark [Public Policy Center] and Tiffany. Youth crisis response, reporting, data trends, and hotlines/texting services were a major focus of the meeting.

C. Minigrants

With funding support from the Kim Foundation, \$4,000 in minigrants is available.

Important Dates

- o Application released 4/25/16
- o Applications are due by 5pm CST on 5/20/16
- o Recipients will be announced 6/24/16
- o Projects must be completed by 12/31/16
- o Reports are due 1/20/2017

Priority is given to applications with the following

- o Focus on youth suicide prevention
- o Use of evidence based, best practice, or promising practice initiatives
- o Matching funds
- o Use of evaluation to measure effectiveness
- o Requests of \$1,000 or lower

Behavioral Health Region Updates and Regional LOSS team updates

- Regions shared updates with the group. AMSR [clinician training] occurs in each Region, a minimum of once per grant year. Contact Tiffany or Kate [PPC] for dates by Region.

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- Region 5 is responding to the continued demand for QPR training by scheduling a monthly QPR at their office.
- Region 4 is considering scheduling a TOT for QPR this August; an invitation to participate in the training will be sent once a date is finalized.
- Region 1 and 3 are coordinating bringing Kevin Hines to speak at UNK and the panhandle this fall.
- Region 1 is conducting an online key informant survey [n=214] and having focus groups.

III. Awareness

Don't Be Sidelined Campaign – this was the 4th year of the campaign; materials were distributed at the May 11th game. An insert will be included in the College World Series.

IV. SPARK Talk

The group tabled viewing a SPARK talk this meeting so there would be sufficient time for Action Planning.

V. State Coalition Action Planning

Denise Bulling presented a power point, rich with statistics, the ecological approach, and strategies. She next facilitated a discussion on helping the group prioritize which of the 4 national strategic directions to address. The group brainstormed on identified needs and potential actions/activities of focus. Denise suggested narrowing to 1 of the national strategic directions; the group proceeded to discuss Clinical and Community Prevention Services, focusing on **Strategy 4: Increase local/regional collaborations addressing health promotion and early prevention.**

At the June meeting, the group will begin to fill in the columns on the Nebraska Suicide Prevention Action Plan template and decide whose taking responsibility for action items. **The main goal identified is to strengthen the coalition. The second goal identified is to strengthen local coalition collaboration by providing accurate, concise, and usable information (strength and resilience based information).**

VI. National Updates

The Suicide Prevention Resource Center (SPRC) will be hosting a webinar on March 1st on self-injury. There are also two new Spark talks available on SPRC's website, and hose new topics include: "Reducing Gun Access" and "Safe Reporting on Suicide." Please go to www.sprc.org for more information.

VII. Other Updates from Members

Project Extra Mile – PEM is hosting a screening of the documentary Sober Indian Dangerous Indian on June 9th at 6pm at the Community Engagement Center at UNO. The documentary focuses on the problems caused by alcohol sales in Whiteclay, NE for the Pine Ridge Indian Reservation. All are invited to attend!

PEM Youth Leadership Training is set to take place July 5-7th. If anyone knows of any outstanding youth leaders please encourage them to apply or let us know by Wednesday. Also, if anyone knows of any adult contacts who might work with great youth leaders, feel free to send us their names and we will reach out to them.

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VIII. Upcoming Training Opportunities

- a. DBH Annual Conference – May 31st – June 2nd in Lincoln, NE
- b. No Wrong Door Workshop – July 13th in Lincoln, NE
- c. Great Plains Disaster Behavioral Health Conference – July 29th in Omaha, NE
- d. Health Youth Nebraska Conference – Sept. 19th in Kearney, NE
- e. National LOSS Team Conference – Sept. 28th & 29th in Fort Worth, TX

IX. Announcements

Tiffany Mullison shared at the June meeting, members will be providing input on the best use of the \$4,000 line item to support NSSPC/LOSS efforts. Please come prepared with a wish list, including costs.

No announcements

X. Next Coalition Meeting

June 24th, 2016 @ 1:00 PM CST – Classroom #2
Bryan West Hospital