

Nebraska State Suicide Prevention Coalition (NSSPC)

Meeting Minutes

September 27, 2013, 1:00 pm CST

Bryan West Hospital

Attendees: Don Belau, Drew Case, Michaela Meismer Dave Miers, Pam Oltman, Michelle Phillips, Ray Reimer, Hayley Sutter

1. Approval of Minutes

Pam Oltman made a motion to approve the August 23 Meeting Minutes. Michelle Phillips seconded this motion; the motion passed by consensus.

2. Coalition Updates

No new information is known about the Garrett Lee Smith Grant. The implementation date of the grant is October 1; however, this does not indicate the grant will not be awarded as it has been awarded after its implementation date in the past. The Coalition, in collaboration with the Kim Foundation and SAMSHA, will be distributing high school suicide kits free of charge to all high schools. The coalition is short 23 booklets; however, once these are received they will be mailed out and the project will be complete.

In the past, the Coalition had received funding to provide seed grants to those interested in suicide prevention. The QPR will be held on October 21 at Wayne State and Central Community College; Andreas will serve as a Spanish translator. An estimated 130 students will attend the presentation. Donna is sponsoring a speaker from ADL to give a presentation on bullying and cyber-bullying in October.

The 2014 LOSS Walk is in the development phase. A goal for 2014 is to have online registration. The development group has identified some potential dates and location for the walk and will continue to move forward.

3. LOSS Development Advisory Group

No report.

4. Sustainment

Interchurch Ministries of Nebraska is in the process of writing a grant; this grant previously funded a suicide coordinator and, if received, will focus on LOSS team development across the state. A main focus will be to establish community wide suicide support groups as this is a prerequisite to a community hosting an official LOSS team. This grant will also focus on youth and promoting suicide prevention at youth gatherings across the state.

Three days remain for the fundraising effort through Natural Grocers. No preliminary information is available on the outcome of the fundraising at this time.

5. Awareness

The Don't Be Sidelined Campaign, a Kim Foundation website campaign, and Huskers Sports Marketing are working in partnership for mental illness awareness and to connect survivors. This partnership will allow the

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NSSPC to have a banner at home Husker games and to man a booth at one home game. The NSSPC hosted a booth, ran radio ads, and participated in a radio interview during the September 7th Husker football game. NSSPC will have the opportunity to host a booth at a Husker basketball and baseball game and will need volunteers to hand out bands.

Traffic to the website and phone call stemming from the website has increased. This may be due to increased ad presence at home Husker football games and radio ads mentioning the coalition. NSSPC will be providing two upcoming presentations – Julie will be speaking at a sorority and Dave and Julie will be speaking to PTA group about the campaign.

The Governors Proclamation was successful. Dave and Don had the opportunity to visit with the Governor and discuss suicide prevention, the LOSS Teams, and the NSSPC. Moving forward, a goal of NSSPC is to provide all state senators with informational flyers regarding the coalition and suicide prevention by the first week of the Unicameral.

6. Member Activity Update

Following the June LOSS Walk, a list of names was generated of people interest in being a part of the LOSS Team. Michelle has volunteered to contact those interested to answer any questions and further inform them about the LOSS Team.

Don, Dave, Julie, Terry, and Nancy attended the LOSS Conference in Ohio. The conference provided exceptional information and networking opportunities with other LOSS Teams from across the nation, including a large contingency from California, Georgia, and Louisiana, in attendance. The date for the 2014 LOSS conference is undecided; however, it will likely coincide with National Suicide Prevention Day, which is September 11. The 2014 LOSS Conference will be held in Columbus, Ohio; the 2015 and 2016 LOSS Conference will be held in Dallas, Texas.

7. Upcoming Training Opportunities

LOSS Team training will be held on September 28 and will focus on post-traumatic growth. Post-traumatic growth training helps foster more honest relationships, create a stronger sense of self, and identify internal changes and growth following a traumatic event.

8. Announcements

A Trauma 101 train-the-trainer will be held in Norfolk on October 26. The State Suicide Prevention Conference will be held in Omaha. Schools in Norfolk will be implementing a ‘no place to hate’ campaign that will create workgroups with students to actively work toward eliminating hate and bullying in the school system. The ECHO map created by Mark DeKraai identifies high suicide and high intervention areas. Red Willow and McCook are both high loss areas with almost no intervention. The Southwest and Northwest corners of the state are also high risk and low intervention areas. These areas may need special attention moving forward.

9. Next Loss Development Group Meeting and Nebraska State Suicide Prevention Coalition Meeting

The next meeting will be held on October 25, 2013.