

Nebraska State Suicide Prevention Coalition (NSSPC)

Meeting Minutes November 22, 2013, 1:00 pm CST Bryan West Hospital

Attendees: Maya Chilese, Jennifer Fry, Marilyn Mecham, Dave Miers, Pam Oltman, Michelle Phillips, Ray Reimer, Andres Sandoval (attending via tele-videoconference), Hayley Sutter

I. Approval of Minutes

The October 25, 2013 meeting minutes will be amended to include the next meeting date of the LOSS Development Group Meeting. The LOSS Development Group Meeting meets at 12:00 noon the same day as the NSSPC meeting. (The meeting minutes previously omitted mention of the LOSS Development Group Meeting.)

II. Coalition Updates

The Department of Health and Human Services was not awarded the State/Tribal Youth Suicide Prevention Grant; the Coalition will likely reapply for the grant in the future. Only five or six grants were awarded nationwide. The feedback indicated the grant was well-written and put together; however, this application was not a GLS grant as the previous one had been. A grant was awarded to Interchurch Ministries of Nebraska through BHECN focusing on MSR Trainings; three trainings will be planned. The Public Policy Center is contracted to provide administrative support for the LOSS Advisory Committee meetings, NSSPC meeting, and MSR Trainings through 2014.

The ASIST Training in Norfolk was well attended with many of those in the area dealing with suicide prevention attending. A QPR Training may be held at the end of December; however, planning has not begun. A PSA Campaign was released in the Norfolk area in October to help address the surge in suicides in the area. The Norfolk area is plagued with an average of six suicides per month. It does not appear the suicides are related to each other. The high percentage of suicides in the region may be related to the relatively low number of psychologists and psychiatrists in the area and limited availability to services.

III. LOSS Development Advisory Group

The LOSS Walk will be held on May 31, 2014 at Holmes Lake Park. A committee of LOSS Team members will be formed in December to plan for the Walk. The LOSS Walk brochures from last year are on file at Interchurch Ministries. A LOSS Team proposal may be developed for use in mini-grants and similar opportunities; the proposal would contain a description of the LOSS Team, cost estimate, and LOSS Team services and activities that could be easily modified to adhere to the guidelines of various grants.

IV. Sustainment

a) GLS Grant

Previously reported on in Coalition Updates.

b) 2014 Coordination with UNL Public Policy Center

Previously reported on in Coalition Updates.

c) Grants – LOSS Development

Previously reported on in Coalition Updates.

Nebraska State Suicide Prevention Coalition (NSSPC)

V. Collaboration with AFSP – Update on meetings with Senator McGill

The American Foundation for Suicide Prevention (AFSP) and the NSSPC are working with Senator McGill to introduce a bill on suicide prevention; Senator McGill has expressed interest in introducing the bill during the next legislative session. A preliminary draft may be available for review as soon as December 6, 2013. Suicide prevention may be incorporated into the System of Care Grant Sheri Dawson is championing; the System of Care Grant is focused on the mental health of children across the state and includes a prevention component. A subgroup focused on suicide prevention may be incorporated into the System of Care grant. See Appendix I for more information.

VI. Awareness

a) Don't Be Sidelined Campaign (Partnership with The Kim Foundation)

Anthony Steels is serving as the Don't Be Sidelined spokesperson for the 2013-2014 season; Greg Sharpe had previously served as the Don't Be Sidelined Campaign spokesperson. Anthony is a former UNL and NFL football player. Anthony is a licensed Alcohol and Drug Abuse Counselor and frequently speaks about his mental health issues and substance abuse. Website activity has doubled in the last year with an average of 100 site views a week; some of the top ten viewing cities are: Omaha, Lincoln, Norfolk, Grand Island, Kearney, London, and Milan. The basketball dates have yet to be decided; however, they will likely be in February or March. Currently, basketball and football ads are airing. The SAMHSA toolkits for suicide prevention were mailed out to all high school principals in the state

b) SPRC Weekly Spark Article

The article discusses the five things employers should know regarding mental health and provides information on promoting awareness. Some of the suggested tactics, such as lunch and learns, are already embraced by major corporations and businesses. See Appendix II for the full article. DHHS social media, including Facebook, Twitter, and YouTube, could be used to further promote awareness; all YouTube videos must be produced by DHHS.

VII. Member Activity Update

No report.

VIII. Upcoming Training Opportunities

The International Suicide Survivor Day is on November 23, 2013; the AFSP has an online program for suicide survivors to share their stories and access information for healing.

IX. Announcements

The American Public Health Association's national conference included a session hosted by SAMHSA which discussed professions with higher rates of suicidal thoughts; it would be beneficial for employers to know what populations might be struggling with suicidal thoughts.

A new task force to prevent human trafficking at the state level is being developed; the task force will focus on human trafficking, child exploitation, and labor trafficking. Suicide is one method those in labor and human trafficking employ to escape their situation.

Nebraska State Suicide Prevention Coalition (NSSPC)

Applications for a suicide prevention coordinator position in Nebraska are being accepted through Accenture. Maya Chilese will distribute additional information on the position, if still available, to Dave Miers for distribution.

The Norfolk LOSS Team will be adding an additional survivor who will assist Donna with facilitation.

The NSSPC goals will be reviewed during the January 24, 2014 NSSPC meeting.

Pam Oltman hosted two months of Traumatic Growth training for the LOSS Team.

Connect training, QPR training, and ASIST training may be further considered for suicide prevention training resources.

X. Next Loss Development Group Meeting and Nebraska State Suicide Prevention Coalition Meeting

The next meeting will be held on December 20, 2013 in Classroom 3. All meetings begin at 1:00 PM at Bryan West Hospital; The LOSS Development Group Meetings are held the same way as the NSSPC Meeting at 12:00 noon.

Nebraska State Suicide Prevention Coalition (NSSPC)

Appendix I: State Laws on Suicide Prevention Training for School Personnel

Nebraska State Suicide Prevention Coalition (NSSPC)

Appendix II: Five Things Employers Need to Know About Mental Health