

Nebraska State Suicide Prevention Coalition (NSSPC)

Meeting Minutes
December 20, 2013, 1:00 pm CST
Bryan West Hospital

Attendees: Don Belau, Drew Case, Jennifer Fry, Julia Hebenstreit, Kristen Klitz, Marilyn Mecham, Dave Miers, Pam Oltman, Andres Sandoval (attending via tele-videoconference), Meaghan Setzer, and Hayley Sutter

I. Approval of Minutes

The November 22, 2013 meeting minutes were unanimously approved.

II. Coalition Updates

No report.

III. LOSS Development Advisory Group

Since the last meeting, there have been five completions in the area; the LOSS Team was called out for three of them. The LOSS Team is continuing to grow and develop. The LOSS phone will be transferred to a contract with IMN through Verizon Wireless. The National LOSS Conference is scheduled for September 2014 in Columbus, Ohio. Year-end statistics for the City of Lincoln were presented during the LOSS Team meeting.

IV. Sustainment

a. Grants – LOSS Development

The grant Interchurch Ministries of Nebraska (IMN) submitted to the Kim Foundation for further LOSS team development to include to development of support groups and LOSS Teams has been approved. This grant will fund suicide prevention activities including QPR training, the establishment of support groups, and the development of LOSS Teams across the state.

V. Collaboration

a. Update on Meetings with Senator McGill and AFSP Collaboration

The American Foundation for Suicide Prevention (AFSP) and the NSSPC have had multiple meetings with Amy Williams, from Senator McGill's Office, to discuss introducing a bill on suicide prevention in schools during the next legislative session. The next meeting will occur in January.

Senator Bolz is introducing a legislative bill regarding Mental Health First Aid; the proposed bill requests \$100,000 be allocated from the Appropriations Committee for ongoing Mental Health First Aid training for teachers. Draft language for Senator McGill's bill can be found in Appendix I. Suggestions should be sent to Dave or Don.

b. Development of Suicide Prevention Recommendations for Children and Adolescents for System of Care Planning Document

Sheri Dawson, the administrator for the System of Care Project (SOC), has requested suicide prevention recommendations from the Coalition to be included in the System of Care planning document; the recommendations should focus on suicide prevention in children and adolescents and should be

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complete before the final SOC meeting in April. Dave Miers made a motion to add Development of Goals and Recommendations for SOC Project to the agenda from 2:00 PM to 3:00 PM for the period of January 2014 through April 2014; this motion was passed by consensus. Goals to consider include: teacher certification, specialized goals for high and low risk populations, current strategies, philosophical outlooks on suicide prevention, free screening for depression or support groups at local area schools, training for school nurses, the usage/monitoring of social media, creation of a phone app and motivation to use it, and data reviews. Dave Miers made a motion to task each attendee with preparing 2-3 goals related to suicide prevention in children or adolescents for the next meeting; this motion passed by consensus.

Julia Hebenstreit is on the System of Care subcommittee and Maya Chilese is part of the System of Care Grant; Julia and Maya can present the NSSPC's recommendations at the April SOC meeting.

VI. Awareness

a. Don't Be Sidelined Campaign (Partnership with The Kim Foundation)

Website visits have continued to increase. Dates for men's and women's basketball games have yet to be determined; however, they will likely be in February and March. Volunteers will be needed for these games. The Don't Be Sidelined Campaign will likely be a three year campaign.

VII. Goals – Set Review Date

Previously reported; see section VI. a.

VIII. Member Activity Update

The Norfolk area continues to see increased numbers of completions and increased attendance at support groups. The coalition brochure has been completed and 2,000 copies will be printed. WJAG, NewsTalk 780 in Norfolk recorded interviews with survivors; the interviews will be played as part of a week long campaign to raise awareness and provide education on suicide prevention. The Norfolk area is working toward the establishment of a LOSS Team. The main challenge Norfolk is experiencing is recruiting healed survivors to serve on the LOSS Team. Norfolk may consider a temporary amendment to their deployment procedure and send two clinicians and one survivor on call outs; as more survivors are added to the LOSS Team the procedure will revert back to the traditional model of two survivors and one clinician per call out.

IX. Upcoming Training Opportunities

The next LOSS Training will be on Saturday, December 21.

X. Announcements

No report.

XI. Next Loss Development Group Meeting

The next meeting will be held on January 24, 2014 in Classroom 1. All meetings begin at 12:00 Noon at Bryan West Hospital.

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XII. Next Coalition Meeting

The next meeting will be held on January 24, 2014 in Classroom 3. All meetings begin at 1:00 PM at Bryan West Hospital.

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Appendix I:

Draft Language for Suicide Prevention Bill