Welcome to another issue of the Nebraska State Suicide Prevention Coalition newsletter! This newsletter is just one of the many ways to raise awareness about upcoming events and to share resources about suicide prevention. Each newsletter we will highlight the great work our local grant awardees have been doing to show off some of the fabulous work that is already happening at the local level. Be sure to click the icon at the bottom right to forward this to friends so they can be on our list as well.

We hope you find this informative and that you enjoy the stories we've included this issue. As always, check out our website for more information.

Nebraska Training Resources

The Nebraska Youth Suicide Prevention Project offers ongoing training opportunities across Nebraska including:

- Assessing & Managing Suicide Risk Clinician Training
- Youth Suicide Prevention Webinars (bi-monthly)
- Gatekeeper Training
- National LOSS Conference

2011 National LOSS Conference
May 19, 20, and 21 2011
at Bryan LGH, Lincoln Nebraska

Spotlight: Nebraska Panhandle

In the Panhandle of Nebraska, a grassroots coalition has taken hold and grown to include many communities in Western Nebraska. The coalition chose to follow the evidence-based strategic prevention framework, beginning with an assessment and strategic planning resulting in a coordinated prevention effort. Funds from several sources contribute to the assessment, coordination of the coalition and regional prevention activities such as the recent "Out of the Darkness Walk" that drew more than 150 participants on a cold, rainy day in September and a moderated luncheon in November to commemorate National Survivor's Day.

The Panhandle Coalition used funding from the Nebraska Youth Suicide Prevention Project to complete an assessment that led to a discovery that suicide rates (attempts and completions) are higher than the state average in several Panhandle counties. The Coalition's work resulted in system change in at least one county, where the coroner now tracks suicides as a separate category of death for juveniles and adults.

The Panhandle Coalition partners have also worked to increase awareness of suicide prevention by including data related to suicide in agency reports and publicizing information about risk and protective factors in area newspapers and direct mailings. The coalition produces regional updates for behavioral health professionals and crisis response teams that include facts about suicide and personal stories from Survivors of suicide. Other awareness activities have included implementation of the SOS (Signs of Suicide) Program in Alliance Public Schools; training school counselors on-line as a "School Specialist in Suicide"; and hosting gatekeeper training using the Question, Persuade and Refer(c) program.

More information about the Panhandle Coalition is available at: http://www.pphd.org/SuicidePreventionTaskForce.html

New Seed Grantees for Winter 2011

Congratulations to the following Seed Grantees!

- Boy's Town
- Norfolk Area Ministerial Association
- Norfolk Community Health Care Clinic
- Grand Island Diocese
- South Heartland Public Health Department
- Elkhorn Logan Valley Public Health District
- University of Nebraska-Lincoln, Student Services
- Lincoln YMCA
- Lutheran Family Services, At Ease Program